

**MAYOOR SCHOOL, AJMER**

**Physical Education/ XI / Annual Examination /Saturday/ Feb. 28, 2009**

**MM: 30**

**(Time allowed: 1 hour)**

**XI Sc/Comm./Arts**

**RMS / SJB**

**Q.1. Write the answer: (10)**

- (1) What is the match duration of the following games?  
(a) Football, Hockey, Handball.
- (2) Name four Arjuna Award winners.(football)
- (3) What are the details of goal post and goal area? (Football)
- (4) List down the events of Track races? (Athletics)
- (5) What are the different strokes performed in Tennis?
- (6) Write the full form of B.F.I., I.H.F., FIFA, B.C.C.I.
- (7) What is the Playing time of Basketball match?
- (8) How many times-out are permitted in each quarter? (Basketball)
- (9) How does the game start in the beginning? (Handball)
- (10) How many referees are regulating a hockey match?

**Q.2. Explain the following terms: (10)**

- (1) Rolling substitution (hockey)
- (2) Crease (cricket)
- (3) 7m- throw (handball)
- (4) Three seconds foul (basketball)
- (5) Penalty corner (hockey)
- (6) Bails-off (cricket)
- (7) Throw – in (football)
- (8) Off side (football)
- (9) Double faults (tennis)
- (10) Relay race (athletic)

**Q.3. (1) Draw a sector of shot put, discus, javelin and long jump. (5)**

- (2) Draw a diagram of the following fields with all measurements:  
Hockey, Football, Basketball, Tennis.

(3) Name four tournaments of cricket.

(4) What are the general rules of throwing shot put?

(5) Explain the procedure to be followed by referee to decide winner, if  
match ends in draw in regular time.(football)

**Q.4 Explain: (5)**

(1) Corner kick (football)

(2) How baton is exchanged? (athletic)

(3) Give any six instances when an Umpire can declare a batsman out.

(4) How many types of warning cards are used by referee? What does each  
card indicate?(football)

